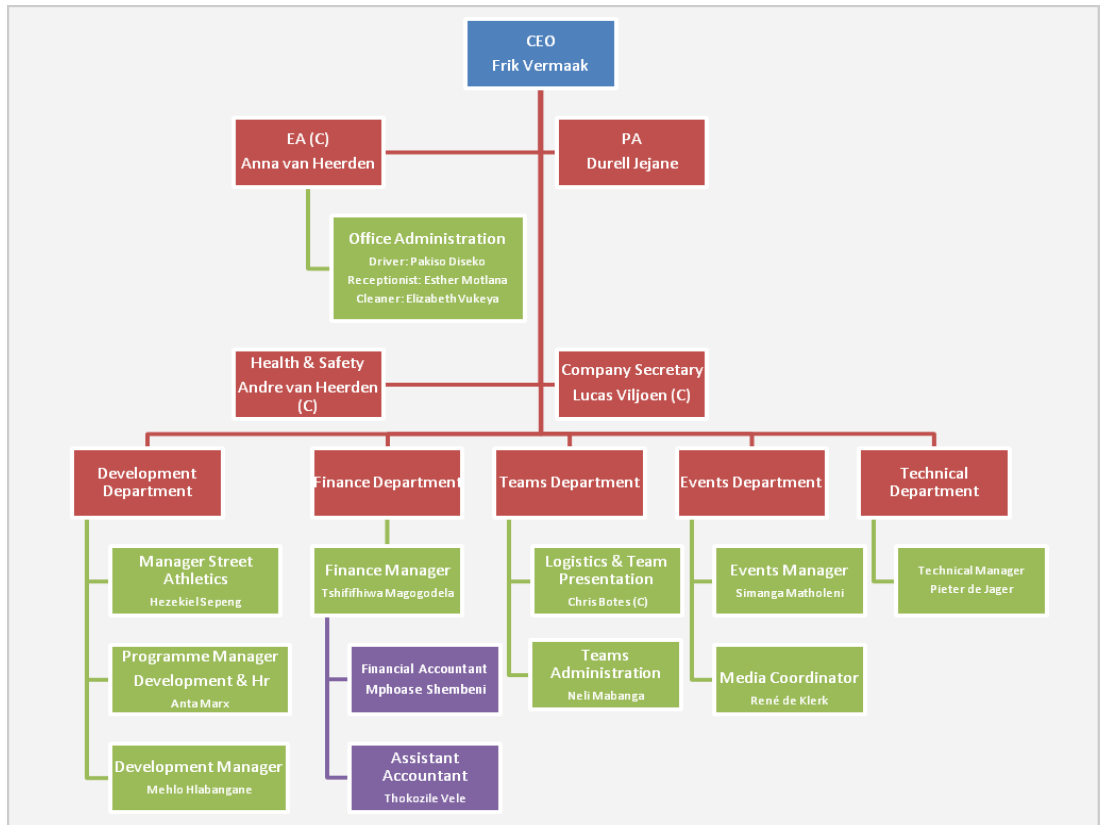




**W**elcome to our first communication by means of a newsletter to the Athletics South Africa family. My first six months in the office has indeed been challenging, but exciting. We will from now on regularly communicate to you by means of a newsletter. We also invite you to make use of our website [www.athletics.org.za](http://www.athletics.org.za) as well as our Facebook page 'Athletics South Africa' for information.  
**Frik Vermaak, CEO, Athletics South Africa**  
\* \* \*

**I** am very excited about my first newsletter as Athletics SA's media coordinator. As from now, we will send out a newsletter as a form of short communication on a monthly basis. I invite you to send me input as well as news and happenings in your province.  
**René de Klerk, Athletics South Africa Media Coordinator**

We've had many requests from provinces to understand who does what in the Athletics South Africa office. Please see the office organogram attached below:



## Competitions

The next event on the calendar is the SA Half Marathon Championships in Cape Town on 26 August. The closing date for entries is on Monday, 13 August, so please ensure that they reach Athletics SA on time. The event is a closed championships.

The SA Cross Country Championships is set to take place in Amantintoti on 8 September 2012. Please make sure that the dates on your fixture lists are correct. Athletics SA still receives calls from the public as some provinces have not updated their fixture lists.

## Street Athletics



Former Olympic silver medallist, Hezekiel Sepeng, is still actively involved with his Street Athletics project as part of talent identification. His last event took place in Kagiso on the West Rand on 20 June. Street Athletics will resume after the Olympic Games with events in Rustenburg, Mpumalanga and North West. Plans for an event in the Free State is being planned. A grand finale for these events will take place on the West Rand.

The 2013 fixture list will be finalized during the board meeting taking place on 21 July 2012.

Good luck to all the athletes with their Olympic preparations!

Congratulations to Hezekiel Sepeng nominated as team manager for the athletics team.

Countdown: 15 Days till the start of London 2012



## Teams: World Junior Championships, Barcelona

The juniors are currently competing at the World Junior Championships in Barcelona. The competition runs from 10-15 July. All the best to the athletes competing there! One of Team SA's athletes made it to the final on day one of the competition. Congratulations to youth athlete Lezaan Jordaan (only 16 years of age) who finished 9th in the final. Good luck to our junior competitors over the next few days!



Lezaan Jordaan in the women's shot put final.  
Photo: Roger Sedres, ImageSA

### African Championships

The African Senior Championships took place in Benin from 27 June to 1 July. The team brought back 24 medals as well as one Olympic qualifier from Andre Olivier in the men's 800m.

#### The Olympic Team:

**Marathon:** Stephen Mokoka, Coolboy Ngomale, Lusapho April, René Kalmer, Tanith Maxwell, Irvette van Blerk.

#### Track and Field:

LJ van Zyl  
Cornel Fredericks,  
Willem Coertzen  
Marc Mundell  
Khotso Mokoena  
Anaso Jobodwana  
Andre Olivier  
Lehann Fourie  
Sunette Viljoen  
Caster Semenya

### Kaalvoet Project

Many South African children can not afford running shoes and clothes. Hezekiel Sepeng started the Kaalvoet Project because a pair of shoes, a gesture of goodwill, can change an athlete's destiny forever. Shoes will be distributed on Nelson Mandela Day (18 July). Shoes can be dropped off at the Athletics SA offices. For more info contact **Hezekiel on 072 687 3372**

### Board Meeting

Our new board was elected on 9 June 2012 and will meet for a Corporate Governance Compliance workshop on 20 July in Johannesburg. The first board meeting will take place the following day. Standing Board Committees will be constituted, from nominations received from the provinces, at this meeting.

### Cathsseta

For the first time in the history Cathsseta (Culture, Art, Tourism, Hospitality and Sport Education and Training Authority) in conjunction with Athletics South Africa are running several projects. Anta Marx from the Athletics SA office is managing these initiatives. Sports Club Administration courses are being presented in

Sedibeng, Northern Cape, Middelburg and Taung while Generic Sports Coaching is taking place in Limpopo, QwaQwa and Rustenburg. Cathsseta is also presenting Life Skills for Athletes in Tshwane, Bloemfontein, Paarl and Port Elizabeth.